

## **Programs/curricula that are abstinence-only or started that way**

Choosing the Best PATH/Choosing the Best LIFE  
Facing Reality  
FACTS (Family Accountability Communicating Teen Sexuality)  
Free Teens USA  
Game Plan  
Me, My World, My Future  
Navigator  
No Apologies  
Reasonable Reasons to Wait  
Sex Respect, the Option of True Sexual Freedom  
Silver Ring Thing  
True Love Waits  
WAIT (Why Am I Tempted) Training  
Worth the Wait, AKA Scott and White's Worth the Wait

## **Abstinence-focused organizations**

A Choice in Education  
Best Friends Foundation  
Choosing the Best, Inc  
Focus on the Family  
Friends First  
Heritage Community Services  
LifeWay Christian Resources  
Project Reality  
Pure Love Alliance  
WAIT Training AKA The Center for Relationship Education

## **Abstinence-focused speakers/writers**

Bruce Cook  
James Coughlin  
AC Green  
Scott Phelps  
Pam Stenzel